

**Desired Results Developmental Profile–Kindergarten (DRDP-K)
Correspondence to California Learning Standards:
Health (HLTH) and the California Preschool Learning Foundations (PLF)**

The DRDP-K Health (HLTH) domain is closely aligned with the California Preschool Learning Foundations (PLF). The alignment is substantive rather than organizational. In other words, rather than a simple, one-to-one correspondence between individual DRDP-K measures and individual foundations, close alignment can be seen when looking across groups of measures and foundations. The content of some individual measures corresponds to that of multiple foundations, while in other cases several measures address the content of an individual foundation. Although the DRDP-K aligns with every PLF, it addresses the areas of food choices and self-awareness concerning eating in a somewhat less detailed way than the PLF does.

**Correspondence between the DRDP-K Instrument and
the California Preschool Learning Foundations**

DRDP-K Measure	California Preschool Learning Foundations (PLF)	Measure Corresponds with PLF in the Following Ways:
<p>HLTH 1: Safety</p> <p>Definition: Child shows awareness of safety and increasingly demonstrates knowledge of safety skills when participating in daily activities</p>	<p>Foundations in Health</p> <p><u>Safety</u></p> <p>Injury Prevention, at around 60 months</p> <p>1.1 Follow safety rules more independently though may still need adult support and prompting.</p> <p>1.2 Demonstrate increased ability to follow emergency routines after instruction and practice.</p> <p>1.3 Show increased ability to follow transportation and pedestrian safety rules with adult support and supervision.</p>	<p>Child shows increasing independence in following safety rules (Injury Prevention 1.1).</p> <p>Child shows an increasing ability to independently follow safety routines (Injury Prevention 1.2).</p> <p>Child shows an increasing ability to follow safety rules (Injury Prevention 1.3).</p>
<p>HLTH 2: Personal Care Routines</p> <p>Definition: Child understands, responds to, and initiates personal care routines and shows increasing knowledge and skills of how and when to apply them</p>	<p>Foundations in Health</p> <p><u>Health Habits</u></p> <p>Basic Hygiene, at around 60 months</p> <p>1.1 Demonstrate knowledge of more steps in the handwashing routine.</p>	<p>Child shows a growing ability to demonstrate handwashing routines (Basic Hygiene 1.1).</p>

DRDP-K Measure	California Preschool Learning Foundations (PLF)	Measure Corresponds with PLF in the Following Ways:
<p>HLTH 2: Personal Care Routines (continued)</p> <p>Definition: Child understands, responds to, and initiates personal care routines and shows increasing knowledge and skills of how and when to apply them</p>	<p>Basic Hygiene, at around 60 months (continued) 1.2 Begin to independently practice health habits that prevent infectious disease and infestations (such as lice) when appropriate, with less adult support, instruction, and modeling.</p> <p>Oral Health, at around 60 months 2.1 Demonstrate knowledge of more steps of the routine for brushing and when toothbrushing should be done, with less adult supervision.</p> <p>Sun Safety, at around 60 months 4.1 Practice sun-safe actions with decreasing adult support and guidance.</p>	<p>Child shows an emerging ability to independently practice a number of health habits, such as “coughing in elbow” (Basic Hygiene 1.2).</p> <p>Child shows an emerging ability to independently practice oral health routines (Oral Health 2.1).</p> <p>Child demonstrates personal care routines and sun safety practices with decreasing adult support (Sun Safety 4.1).</p>
<p>HLTH 3: Active Physical Play</p> <p>Definition: Child engages in physical activities with increasing endurance and intensity</p>	<p>Foundations in Physical Development</p> <p>Active Physical Play</p> <p>Active Participation, at around 60 months 1.1 Initiate more complex physical activities for a sustained period of time.</p> <p>Cardiovascular Endurance, at around 60 months 2.1 Engage in sustained active play of increasing intensity that involves the heart, the lungs, and the vascular system.</p> <p>Muscular Strength, Muscular Endurance, and Flexibility, at around 60 months 3.1 Engage in increasing amounts of active play activities that enhance leg and arm strength, muscular endurance, and flexibility.</p>	<p>Child can sustain active physical play (Active Participation 1.1).</p> <p>Child’s cardiovascular endurance supports engagement in active physical play (Cardiovascular Endurance 2.1).</p> <p>Child’s muscular strength, muscular endurance, and flexibility support engagement in active physical play (Muscular Strength, Muscular Endurance, and Flexibility 3.1).</p>

DRDP-K Measure	California Preschool Learning Foundations (PLF)	Measure Corresponds with PLF in the Following Ways:
<p>HLTH 4: Nutrition</p> <p>Definition: Child demonstrates increasing knowledge about nutrition and healthful food choices</p>	<p>Foundations in Health</p> <p><u>Nutrition</u></p> <p>Nutrition Knowledge, at around 60 months</p> <p>1.1 Identify a larger variety of foods and may know some of the related food groups.</p> <p>Nutrition Choices, at around 60 months</p> <p>2.1 Demonstrate greater understanding that eating a variety of food helps the body grow and be healthy, and choose from a greater variety of foods at mealtimes.</p> <p>2.2 Indicate food preferences based on familial and cultural practices and on some knowledge of healthy choices.</p>	<p>Child identifies an increasing variety of foods and food groups (Nutrition Knowledge 1.1).</p> <p>Child shows an increasing understanding of the importance of a varied diet for growth and health (Nutrition Choices 2.1).</p> <p>Child demonstrates emerging food preferences that result from familial and cultural influences, as well as a growing knowledge of healthy choices (Nutrition Choices 2.2).</p>
<p>HLTH 5: Knowledge of Wellness</p> <p>Definition: Child shows and communicates increasing knowledge of the body and ways to take care of it</p>	<p>Foundations in Health</p> <p><u>Health Habits</u></p> <p>Knowledge of Wellness, at around 60 months</p> <p>3.1 Identify several different internal body parts and demonstrate a basic, limited knowledge of some functions.</p> <p>3.2 Demonstrate greater understanding that health-care providers try to keep people well and help them when they are not well.</p> <p>3.3 Communicate to an adult about not feeling well, feeling uncomfortable, or about a special health need, with more specificity and reliability.</p>	<p>Child identifies body parts (Knowledge of Wellness 3.1).</p> <p>Child understands what health-care providers do for them (Knowledge of Wellness 3.2).</p> <p>Child communicates to adults about health needs (Knowledge of Wellness 3.3).</p>

DRDP-K Measure	California Preschool Learning Foundations (PLF)	Measure Corresponds with PLF in the Following Ways:
<p>HLTH 5: Knowledge of Wellness (continued)</p> <p>Definition: Child shows and communicates increasing knowledge of the body and ways to take care of it</p>	<p><u>Safety</u></p> <p>Injury Prevention, at around 60 months</p> <p>1.2 Demonstrate increased ability to follow emergency routines after instruction and practice.</p> <p><u>Nutrition</u></p> <p>Self-Regulation of Eating, at around 60 months</p> <p>3.1 Indicate greater awareness of own hunger and fullness.</p> <p>Foundations in Physical Development</p> <p><u>Perceptual-Motor Skills and Movement Concepts</u></p> <p>Body Awareness, at around 60 months</p> <p>1.1 Demonstrate knowledge of an increasing number of body parts.</p>	<p>Child demonstrates an increasing ability to follow emergency routines (so long as the term “emergency” is interpreted broadly to include minor injuries) (Injury Prevention 1.2).</p> <p>Child shows an increasing sensitivity to hunger and fullness and their relation to food consumed (Self-Regulation of Eating 3.1).</p> <p>Child identifies body parts (Body Awareness 1.1).</p>